

"The tragedy in life is not in how much we suffer, but in how much we miss."



Mike Moore

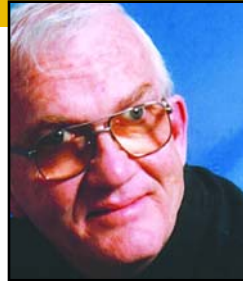
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Laugh More, Live Longer



with
**Mike
Moore**

Let Mike's words and upbeat, humorous style help you achieve your objectives,

Laugh your way to health and happiness

Mike speaks to businesses and organizations throughout Canada and the United States on "Humor in the Workplace", "Humor and Stress Management", "Humor and Health" and "Maximizing Employee Potential Using Humor, Appreciation and Praise"

Why Mike Moore?

Let Mike's words and upbeat, humorous style help you ...

Improve staff morale

**Increase employment
enjoyment**

Reduce employee stress

Put the fun back into life

“
If it feels
good to laugh
then
laugh to
feel good.”

Mike Moore

Who is Mike Moore?

Mike Moore is a popular speaker, humorist and cartoonist whose work has appeared in newspapers and magazines throughout the United States and Canada. He is a recognized authority on the power of therapeutic humor in human wellness and relationships. His many speaking engagements throughout North America have convinced him that humor and laughter form a universal language that entertains, heals and unites.

Mike's presentations , whether one hour or one day, are designed to inform, entertain, affirm and encourage audiences with a blend of relevant content, stories, humor and music. He engages his audience from the beginning and has them relaxed and laughing within minutes.



Humor

Makes Great Things Happen

TOPICS

Humor in the Workplace

How to create employment enjoyment and reap the many benefits of a happy creative workplace.

Stretched to the Limit

(Humor and stress management)

Stress is a multi billion dollar a year drain on businesses and organizations throughout North America. Discover how to save the financial costs of unmanaged stress in your workplace using laughter and recognition.

Light up with Laughter

(The humor and health connection)

"Life is a mystery to be lived and enjoyed, not a problem to be endured and tolerated" Put the joy and laughter back into your life, and discover their many physical and social benefits.

Up Your Fun Quotient

(The fun, humor, creativity connection)

There is a serious lack of creativity in organizations and workplaces today. Humor and laughter originate in the creative side of the brain and can stimulate creative problem solving by celebrating the silly.

Leadership is a Laughing Matter

(The role of humor in leadership and management)

How to promote employment enjoyment using humor and laughter as part of an effective leadership style.

SEMINARS

Let the Laughter Begin

In this workshop we discover the power of humor and laughter to improve human health and well being. Because of the workshop format we are able to practise simple and effective strategies which allow us to use humor effectively at home, at work and at play.

Dealing with Difficult People

An in-depth look at how humor and laughter can be used to solve people problems in the workplace. See how problems like morale, productivity and employee health can improve with humor and laughter.

Mining the Moment

An enjoyable exploration of the humor in our lives, which we tend to overlook and ignore. We will discover and practise the Art of Laughology, which involves searching for, finding and celebrating the humor around us.

What's Your Carrot?

An examination of how humor, laughter, appreciation and praise combine to motivate employees. Based on my belief that an organization's most valuable inventory is its people not its products.

Leadership and Laughter

A fun, insightful workshop for leaders, rooted in the belief that leaders without a sense of humor are like grass cutters at a cemetery: they have a lot of people under them paying absolutely no attention.

Testimonials

It was my pleasure meeting you - you have a very special gift in connecting with people and helping them find a little joy in life - a special gift indeed.

University of Missouri

Well Mike we are still talking about you!! Your talk was indeed 'very impressive'. It is so healing to laugh! I also liked the way you weaved one story into another and how you fostered audience participation. It was great too having dinner with you and the 'gang' and witnessing how great it is to love what you do!

Donna Ritch RN

A note to thank you for a wonderful entertaining evening and sharing your knowledge and experiences with us. Over my 25 years experience of selling real estate and attending numerous conferences/sessions, etc., throughout Ontario and Canada, I have attended many motivational sessions. Listening to you sharing your life experiences and speaking from your heart was not only inspirational, but soothing to all of us.

**Royal LePage Brown Realty
Simcoe, Ontario**

Thank you for bringing your gifts - wit, humor, music, drama and wisdom to our family, the St. Clair Central Office Staff. We enjoyed your presence with us and enjoyed the day tremendously! The laughter, participation and the relaxation of all our staff speak more eloquently than any words of mine."

St. Clair Catholic School Board

Thank you for another super presentation to our principals and vice principals. What an outstanding job you did using storytelling and humor. Your sincerity and care for the teaching profession were obvious. Everyone was encouraged by your remarks and continue to talk about you."

**Brant Haldimand Norfolk
Catholic District School Board**

Mike has published over 24 books and audio CDs, and appeared many times on national TV and radio. Outlines of his 4 most popular books are below, or you can visit www.motivationalplus.com to see all his publications.

You Know You're Stressed Out When...

This is Speaker/Humorist Mike Moore's Latest Book - It includes 50 of Mike's hilarious cartoons related to diagnosing your stress; PLUS 10 pages of simple, effective stress management techniques built around laughter and relaxation. GREAT for the stressed out person in your life... even if that person is YOU.



Light Up With Laughter – The Humor and Health Connection

Practical tips on how to use humor to enhance your life, plus stories and cartoons from the pen of Mike Moore. Being a storyteller, Moore presents a variety of stories in this book, most of which focus on making you laugh. In the process, he gets across the very important point that humor is good for your health.



Embracing the Mystery

The author believes that life is a mystery to be lived and enjoyed to the fullest, not a problem to be solved or endured. Using stories and humor taken from his talks and seminars, this book presents his belief in the wonder and mystery of life. He also communicates his confidence that we can achieve for ourselves whatever we conceive. Illustrated with Moore's original cartoons.



Coping With Toxic Parents - A survival guide for teachers.

Simple, effective strategies for becoming more assertive in the presence of those who seek to verbally abuse and bully you.

For more visit:

www.motivationalplus.com